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Acupuncture without the needles

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I am a registered acupuncturist in Walnut Grove, and founder of NFA clinic of Oriental Medicine. My specialty is magnetic acupuncture, which is needle free treatment, good for internal disease, as well as pain management.



CREDIT:
Andy I. Kim is a registered acupuncturist.

Since it is as effective as traditional acupuncture without causing pain due to insertion, I think it is beneficial to people who are sensitive to needle but want to get the benefit from acupuncture.

History

The oldest known medical book in Oriental medicine, The Yellow Emperor's Classic of Internal Medicine, is thought to have been written around 3,000 BC, and mentions the practise of placing the natural magnets on acupuncture point.

Magnetic acupuncture has been used in the east in many forms right up to present. Today, the practise has evolved to the use of very tiny magnetic beads applied to acupuncture points. In the west, Swiss physician Marcus Weber (1992) describes a study of the results of the pulsed magnetic fields on 1,712 patients with inflammations, joint and organ disorders, fractures and acute injuries and circulatory disorders.

More than 60 per cent of physicians evaluated the results as either very good or good; no side effect were observed. Many common acute and chronic health disorders lend themselves to magnetic acupuncture treatment based on clinical experience such as:

- Ear, nose and throat disorders
- Respiratory disorders: sinusitis, asthma, allergies and bronchitis
- Gastrointestinal disorders: diarrhea, indigestion
- Gynecological disorders: PMS, menopause, irregular menstruation
- Disorders of nervous system: headache, neuralgia, Insomnia, paralysis, facial palsy/tics, narcolepsy
- Disorders of bone, muscles and joints: sports injury, sprain and strain, back, neck and shoulder pain, arthritis, osteoporosis, tendinitis, carpal tunnel syndrome, sciatic pain

How it works?

Oriental medicine is based on an energetic model rather than the biochemical model of Western medicine.

The ancient people recognized the vital energy behind all life forms and life processes. In developing an understanding of the prevention and cure of disease, the ancient physicians discovered a system of cyclic energy flowing in the human body along specific pathways (meridians).

Each pathway is associated with a particular physiological system and internal organ.

Disease is considered to arise because of deficiency or imbalance of vital energy in the energetic pathways and their associated physiological systems.

The pathways or meridian of energy communicate with the surface of the body at specific locations called acupuncture points. Each point has a predictable effect upon the vital energy passing through it. Modern science has been able to measure the electrical charge at these points, thus corroborating the locations of the meridians mapped by ancients.

Treatment

Acupuncture points along relevant meridians will be treated with pea-size permanent magnets by being taped on. The magnets need to be removed after 6-12 hours.

It is important to treat any kind of chronic condition for a period of time after the pain is gone, so complete healing and even strengthening will occur. If this is done, a relapse is less likely.

- Andy I. Kim, R.Ac. is the founder of NFA clinic of Oriental Medicine in Walnut Grove. For more information, visit: www.NeedleFreeAcupuncture.net.

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